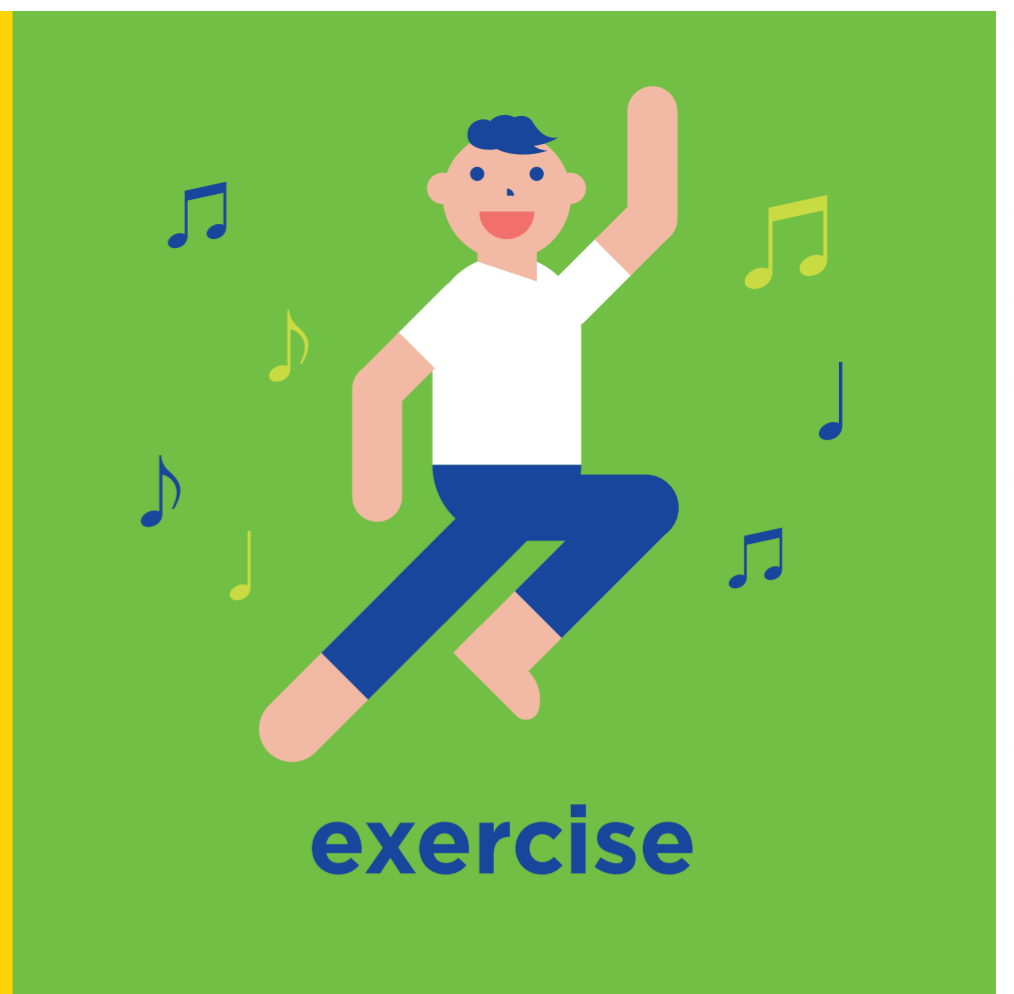




sleep well



eat well



exercise

All we have to do to prevent infection is simple.

The new Coronavirus
新型コロナウイルス

COVID-19



don't touch your face



wash your hands frequently



cover your nose and mouth



use your non-dominant hand



stay home when you're sick



@ancov2020

SNS Hashtag # 感染予防のためにできること

www.bowlgraphics.net/covid19

note.com/ancov

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2m
maintain social distancing